



**ROGENE MANAS INSPIRED MIXED MEDIA PROJECT**  
**Milagro Self-Portrait**

Materials:

1. Medium weight paper, approx 5"x7"
2. Watercolor Paint
3. Paint Brush
4. Hot Glue Gun
5. Embellishments: Milagro charms, buttons, sequins, etc

Instructions:

**1. What's a Milagro?**

Milagros are a small metal religious Mexican charm that are attached to altars, shrines and sacred objects. They are often used for healing purposes.

**2. Sort through embellishments**

Which embellishments can serve as a type of Milagro charm for you? Are there certain symbols that are meaningful to you?

**3. Draw a Torso shape to fit your paper**

You can choose to free hand a torso shape on your paper or use the template provided.

**4. Paint the body and the background**

Use watercolor paints to add colors that contrast the body with the background.

**5. Place embellishments**

Make design decisions about where to place your charms on the torso of your piece.

**6. Hot glue embellishments on to the body**

Glue the charms to the torso of your piece.

**7. Add shading, patterning or other elements**

Using a pencil, shade around the charms and/or body. Consider adding a repeating pattern to the background as seen in Rogene's work.

**8. Sign it!**

Sign your name on the bottom of your work. Be sure you date your work as well as a reminder of the "Comunidad" exhibition closing reception!



**Rogene Manas – “In Need of a Miracle”**